

**Prayer of Re-Igniting Our Faith**

God of untiring mercy,  
open our hearts to hear your voice.  
Send your living flame of love into our hearts  
to overflow with abundant generosity of spirit.  
May the burning passion of your love for all  
transfigure our lives, our families and our parishes.  
Re-ignite in us each day  
the joy of spreading the Gospel.

May our living faith in your Real Presence  
shine in our hearts so that we may bring it  
to whomever you lead us each day.  
We place our prayer in the heart of Mary,  
under Her title of the Immaculate Conception,  
Patroness of our nation and our Diocese,  
through which we consecrate ourselves  
to your Divine Mercy.  
Amen.

**Glory to God in the Highest**

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.  
Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

## Reading I

Jos 24:1-2a, 15-17, 18b

Joshua gathered together all the tribes of Israel at Shechem, summoning their elders, their leaders, their judges, and their officers.

When they stood in ranks before God,

Joshua addressed all the people:

“If it does not please you to serve the LORD, decide today whom you will serve, the gods your fathers served beyond the River or the gods of the Amorites in whose country you are now dwelling. As for me and my household, we will serve the LORD.”

But the people answered,

“Far be it from us to forsake the LORD

for the service of other gods.

For it was the LORD, our God,

who brought us and our fathers up out of the land of Egypt, out of a state of slavery.

He performed those great miracles before our very eyes

and protected us along our entire journey

and among the peoples through whom we passed.

Therefore we also will serve the LORD, for he is our God.”

## Responsorial Psalm

Ps 34:2-3, 16-17, 18-19, 20-21

R. (9a) Taste and see the goodness of the Lord.

I will bless the LORD at all times;

his praise shall be ever in my mouth.

Let my soul glory in the LORD;

the lowly will hear me and be glad.

R. Taste and see the goodness of the Lord.

The LORD has eyes for the just,

and ears for their cry.

The LORD confronts the evildoers,

to destroy remembrance of them from the earth.

R. Taste and see the goodness of the Lord.

When the just cry out, the LORD hears them,

and from all their distress he rescues them.

The LORD is close to the brokenhearted;

and those who are crushed in spirit he saves.

R. Taste and see the goodness of the Lord.

Many are the troubles of the just one,

but out of them all the LORD delivers him;

he watches over all his bones;

not one of them shall be broken.

R. Taste and see the goodness of the Lord.

Reading II

Eph 5:21-32 or 5:2a, 25-32

Brothers and sisters:

Be subordinate to one another out of reverence for Christ.

Wives should be subordinate to their husbands as to the Lord.

For the husband is head of his wife

just as Christ is head of the church,

he himself the savior of the body.

As the church is subordinate to Christ,

so wives should be subordinate to their husbands in everything.

Husbands, love your wives,

even as Christ loved the church

and handed himself over for her to sanctify her,

cleansing her by the bath of water with the word,

that he might present to himself the church in splendor,

without spot or wrinkle or any such thing,

that she might be holy and without blemish.

So also husbands should love their wives as their own bodies.

He who loves his wife loves himself.

For no one hates his own flesh

but rather nourishes and cherishes it,

even as Christ does the church,

because we are members of his body.

For this reason a man shall leave his father and his mother

and be joined to his wife,

and the two shall become one flesh.

This is a great mystery,

but I speak in reference to Christ and the church.

OR:

Brothers and sisters:

Live in love, as Christ loved us.

Husbands, love your wives,

even as Christ loved the church

and handed himself over for her to sanctify her,

cleansing her by the bath of water with the word,

that he might present to himself the church in splendor,

without spot or wrinkle or any such thing,

that she might be holy and without blemish.

So also husbands should love their wives as their own bodies.

He who loves his wife loves himself.

For no one hates his own flesh

but rather nourishes and cherishes it,

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For this reason a man shall leave his father and his mother

and be joined to his wife,

and the two shall become one flesh.  
This is a great mystery,  
but I speak in reference to Christ and the church.

Alleluia

Jn 6:63c, 68c

R. Alleluia, alleluia.

Your words, Lord, are Spirit and life;  
you have the words of everlasting life.

R. Alleluia, alleluia.

Gospel

Jn 6:60-69

Many of Jesus' disciples who were listening said,  
"This saying is hard; who can accept it?"

Since Jesus knew that his disciples were murmuring about this,  
he said to them, "Does this shock you?

What if you were to see the Son of Man ascending  
to where he was before?

It is the spirit that gives life,  
while the flesh is of no avail.

The words I have spoken to you are Spirit and life.

But there are some of you who do not believe."

Jesus knew from the beginning the ones who would not believe  
and the one who would betray him.

And he said,

"For this reason I have told you that no one can come to me  
unless it is granted him by my Father."

As a result of this,  
many of his disciples returned to their former way of life  
and no longer accompanied him.

Jesus then said to the Twelve, "Do you also want to leave?"

Simon Peter answered him, "Master, to whom shall we go?  
You have the words of eternal life.

We have come to believe  
and are convinced that you are the Holy One of God."

### **The Nicene Creed**

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,

true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come.  
Amen.

**For those who are still unable to join us in person for Holy Communion:**

**Spiritual Communion Prayer**

My Jesus, I believe that you are present in the Most Holy Sacrament.  
I love you above all things and I desire to receive you into my soul.  
Since I cannot at this moment receive you sacramentally,  
Come at least spiritually into my heart.  
I embrace you as if you were already there  
And unite myself wholly to you.  
Never permit me to be separated from you.  
Amen