

## **Storytellers in the Circle of Weavers**

*They come to tell their story  
in the circle of weavers.  
Because it is a story of love,  
it is also a story of pain.  
They tell how they wove their fabric,  
with care, with many threads.  
They tell how the fabric was ripped  
beyond repair.  
The sound of that long, final tear  
is in their voices, and in the air.  
It follows them relentlessly,  
everywhere.  
The silence at the end of the story  
could be the end.  
But in the circle of weavers,  
it is not the end.  
Torn threads begin to stir,  
back and forth,  
Across and around the circle,  
the weaving begins.  
The threads are torn, and broken,  
but there is life and power in the  
weaving of  
them.  
Pain and loss must be respected.  
They cannot be changed.  
But new cloth can be woven,  
of caring, and understanding,  
Even with broken threads in the circle  
of weavers.*

~ Elizabeth Morris



***The group meets on  
the second Thursday  
of the month  
at 6:30 pm  
in St. Joseph's rectory***  
(Brown house next to the church.  
Use the back door.)

### **For more information**

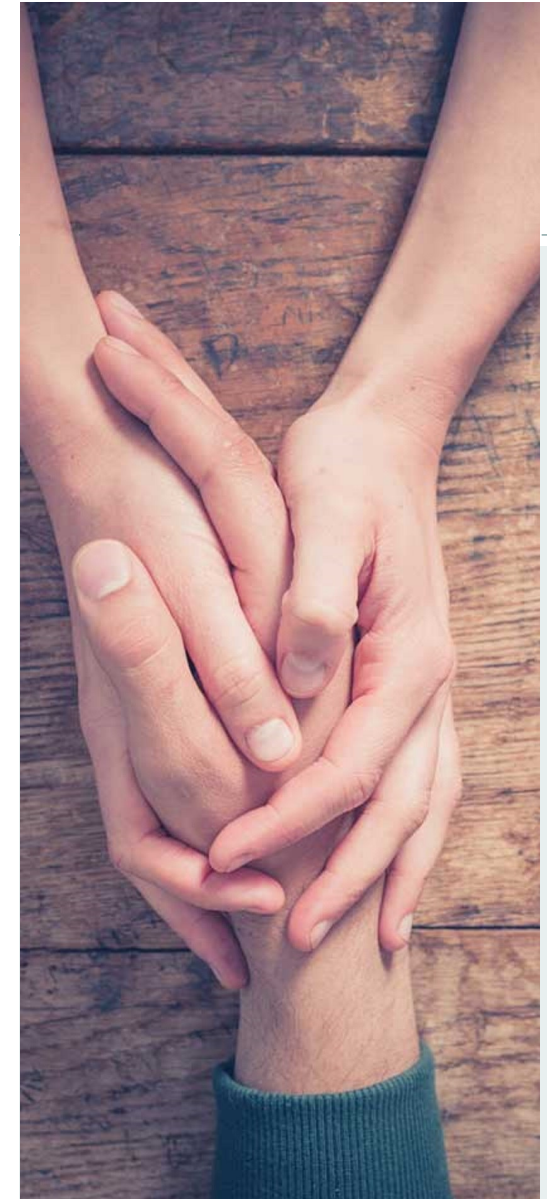
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## **St. Joseph's ~ St. Paul's Grief & Bereavement Support Group**





## You may be wondering

**I feel so sad and overwhelmed. Will I have to talk?**

No, we will respect your decision.

**I'm not sure this is for me.**

Everyone grieves differently, so join us a few times and decide for yourself

**Everyone tells me I should be over this.**

The healing process is different for everyone and has no time limits.

**Who will be leading this group?**

Our facilitators have received training through the diocese.

## What you can expect...

- ◇ Confidentiality
- ◇ Non-judgmental support
- ◇ A safe, comfortable setting
- ◇ Reassurance that you are not alone
- ◇ Education about the Grief Process
- ◇ Ways of Coping
- ◇ Resources and referrals



## Who is this group for?

Anyone who has experienced the loss of a:

- ◇ Spouse
- ◇ Friend
- ◇ Parent
- ◇ Sibling
- ◇ Child
- ◇ Other

We invite you to journey on the path through the healing process with our gentle support and experienced guidance.

All we ask in return is that you keep information and discussions shared within the group confidential.